



**D**on't you just love it in the springtime when those new leaf buds are popping out on branches everywhere and just bursting with life? These socks are a small tribute to that glorious time of year. They feature a column of leaves climbing up the foot, complimented by an elegant seeded rib. At the cuff you will find little leaf buds winding around the top of the sock.

### TECHNIQUES AND DIFFICULTY LEVEL

This pattern may challenge an intermediate knitter and should not be your first go at socks. This pattern requires the following skills: knit, purl, increasing, decreasing, cables, short rows, knitting in the round, casting on for toe-up, and grafting (only 7 stitches). If you are experienced in these areas and have sock knitting experience, this should be a fun knit for you.

### SUPPLIES

**Yarn:** Blue Moon - Socks That Rock, Lightweight, 1 skein (146 g, 405 yds/370.3m), or other fingering weight sock yarn.

**Needles for working in the round:** US 1 (2.25mm), or size needed to get gauge.

**Notions:** 6 stitch markers (4 more for two-at-a-time).

### GAUGE

In stockinette:

8.5 stitches per inch (2.54cm), 11 rows per inch (2.54cm)

### SIZES

Women's **S (M, L, XL)**, measuring as follows:

**Small:** Foot Circ: 7.5"/19 cm      Foot Length: 8"/20 cm

**Med.:** Foot Circ: 8"/20 cm      Foot Length: 9"/23 cm

**Large:** Foot Circ: 9"/23 cm      Foot Length: 10"/25.5 cm

**XL:**      Foot Circ: 10"/25.5 cm      Foot Length: 13"/33cm

## Leaf Me On

by FiberFrosting Designs



### ABOUT THE DESIGNER

*Hi, my name is Naomi Frost, the person behind FiberFrosting Designs. I am a retired software developer that loves family, nature, science, and the fiber arts. Thank you so much for your interest in my pattern. I sincerely hope it brings you joy. Feel free to contact me through IG direct message, email, or Ravelry message if you have questions about this design. If you love it, please consider showing your appreciation by leaving me a small donation on Ko-Fi: <https://ko-fi.com/fiberfrosting>. Donations go toward costs for materials and tech editing. Thank you so much!*

*Naomi*

## INSTRUCTIONS

Throughout these instructions, when the term "Instep" is used, it refers to the entire top of the sock. When the term "Sole" is used, it refers to the entire bottom of the sock.

Cast on **20 (20, 24, 28)** stitches, using the Turkish Cast-on method.

## TOE

The toe starts with increases every round after casting on and then switches to increases every other round. This creates a slightly more rounded toe than the standard toe.

### Rounds 1 - 5 (5, 6, 7):

Instep: K1, M1R, k to last instep stitch, M1L, k1.

Sole: K1, M1R, k to last sole stitch, M1L, k1.

### Round 6 (6, 7, 8): Knit all stitches.

Stitch count should now be: **40 (40, 48, 56)**

Repeat the last 2 rounds until there are **60 (64, 72, 80)** stitches per sock.

Knit **4 (4, 5, 6)** more rounds even (knit all stitches).

## FOOT

The top of the foot (instep) will be done in a seeded rib stitch, with stem and leaf motif along the outer-most side of each sock. They will mirror each other. The soles will be worked in stockinette.

*Setup Round:* This is where you will place markers to indicate where the leaf charts are worked. Once the pattern is established, it may not be necessary to continue using these markers...your call.

Instep: Sock 1: **K18 (20, 24, 28)**, PM, k11, PM, k1.

Sock 2: K1, PM, k11, PM, knit remaining **18 (20, 24, 28)** instep stitches.

Sole: Sock 1 & 2: Knit all sole stitches.

### Odd Numbered Rounds:

 Work **Round 1** of the leaf charts on **1st** pattern repeat ONLY.

Instep: Sock 1: \*P1, k1; repeat from \* to first marker, SM, [work the Right Leaf Chart], SM, k1.

Sock 2: K1, SM, [work the Left Leaf Chart], SM, \*k1, p1; repeat from \* across remaining instep stitches.

Sole: Sock 1 & 2: Knit all sole stitches.

### Even Numbered Rounds:

 Work **Round 28** of the leaf charts on the **last** leaf pattern repeat only (at the top of the sock). All other repeats end with **Round 27** as indicated by the blue border around the repeat area of the chart.

Instep: Sock 1: K to first marker, SM, [work the Right Leaf Chart], SM, k1.

Sock 2: K1, SM, [work the Left Leaf Chart], SM, knit remaining instep stitches.

Sole: Knit all sole stitches.

Continue working in established pattern, repeating leaf charts, until the sock measures **4.5 (5, 5.5, 6)** inches [**11.5 (12.5, 14, 15)** cm], ending after working an even-numbered round.

 A note for two-at-a-time (on same needles) knitters: The socks will be knit with the leaf motifs to the inside, next to each other. Even though the socks are meant to be worn with the leaves to the outside of the foot, it is much easier to knit them when they are situated next to each other. 😊

## Gusset Increases

Gusset increases will be done on both sides of the Sole, every other round, while at the same time you will continue to work the Leaf and seeded rib patterns on the instep.

Instep: **Rounds 1-6:** Work across instep in established pattern.

Sole: **Round 1:** K1, M1R, k to last stitch, M1L, k1.

**Round 2:** Knit to end of round.

**Round 3:** K1, M1R, PM, k to last stitch, PM, M1L, k1.

**Round 4:** Knit to end of round, slipping markers.

**Round 5:** K1, M1R, k to last stitch, M1L, k1, slipping markers.

**Round 6:** Repeat **Round 4**.

 The gusset markers do **NOT** indicate where to increase. They are only used to separate gusset stitches from the sole stitches. This aids in counting the gusset stitches and indicates where the sole stitches are located.

Repeat the last 2 rounds until **10 (12, 12, 14)** increases have been made for each gusset, ending with the even round. A total of **20 (24, 24, 28)** stitches increased per sock.

## HEEL

The heel is worked back and forth, starting with the short-row heel turn. Following the heel-turn, the gusset increases will be decreased out, still working back and forth, creating a faux heel flap.

### Heel-Turn

The heel-turn is worked on the sole stitches between the gusset stitch markers. Short rows are used to create the curved shaping. You will also be adding 2 more stitch markers to aid with the increasing and decreasing involved.

*Setup:* Work instep stitches in established pattern.

Work the heel-turn on sole stitches only (between gusset markers) as follows:

**Row 1 (RS):** Knit to 1 stitch before 2<sup>nd</sup> marker, M1L, turn.

**Row 2 (WS):** S1 wyif, p1, PM, purl to 1 stitch before next marker, M1P, turn.

**Row 3:** S1, k1, PM, knit to marker, RM, M1L, turn.

**Row 4:** S1 wyif, p1, PM, purl to marker, RM, M1P, turn.

Repeat **Rows 3 and 4** until **10 (10, 12, 14)** center stitches remain between heel-turn markers after turning to right-side row and working the "S1, k1, PM". Continue below, after the "S1, k1, PM" if already worked.

Heel turn finishing:

**Row 1 (RS):** S1, k1, PM, knit to marker, RM, k1, \*ssk; rep from \* to next marker, RM, turn.

**Row 2 (WS):** S1 wyif, purl to marker, RM, p1, \*p2tog; rep from \* to next marker, RM, turn.

### Gusset decreases/heel flap

**Row 1 (RS):** S1, knit to 1 stitch before gap, ssk, turn.

**Row 2 (WS):** S1 wyif, purl to 1 stitch before gap, p2tog, turn.

Repeat **Rows 1 and 2**, ending with **Row 1** when you reach the end of round (do not turn work). All gusset stitches should now be decreased out except the last one on the right-hand side (it will be decreased out on the next round).

Two-at-a-time knitters will work the 2<sup>nd</sup> sock heel in same manner as above before continuing on.

Finish up the heel as follows (working in the round now):

Instep: Work in established pattern.

Sole: K2tog, knit to end of round. The total stitch count should now be back to **60 (64, 72, 80)**.

## LEG

The Leaf pattern will continue from top of foot up the leg and the seeded rib will be worked in all of the remaining stitches. The stitches that have been referred to as "Instep" stitches will now be referred to as "Front" stitches (as in front of leg) and the "Sole" stitches will be referred to as "Back" stitches.

### Round 1:

Front: Work in established pattern.

Back: Sock 1: \*P1, k1; repeat from \* to end of round.

Sock 2: \*K1, p1; repeat from \* to end of round.

### Round 2:

Front: Work in established pattern.

Back: Knit all stitches.

Repeat **Rounds 1 and 2** until leg is close to desired length with room for the cuff (about 1 inch/2.5 cm), ending at the completion of the leaf chart, working **Round 28**.

## CUFF

The Bud Cuff is worked sideways, around top of sock, working the chart rows back and forth. Once complete, you will graft the end of the cuff to the first row of the cuff (only 7 stitches each).

With working yarn, cast on 7 stitches at beginning of next round, using either the knitted cast-on.

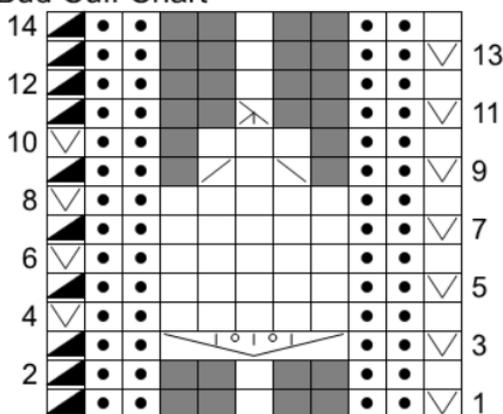
**Small:** Repeat Bud Cuff Chart until all leg stitches have been worked.

**Medium:** Work Bud Cuff Chart 3 times, work Rows 13 & 14 once more. Repeat.

**Large:** Repeat Bud Cuff Chart pattern until only 2 leg stitches are left, work Rows 13 & 14 once more.

**X-Large:** Repeat Bud Cuff Chart until all leg stitches have been worked.

### Bud Cuff Chart



**Row 1 (RS):** S1, p2, k1, p2, k2L-tbl, turn.

**Row 2 (WS):** P2L, [k2, p1] twice, turn.

**Row 3:** S1, p2, (k, yo, k, yo, k) in 1, p2, k2L-tbl.

**Row 4:** S1 wyif, k2, p5, k2, p1.

**Row 5:** S1, p2, k5, p2, k2L-tbl.

**Rows 6-7:** Repeat **Rows 4-5**.

**Row 8:** S1 wyif, k2, p5, k2, p1.

**Row 9:** S1, p2, ssk, k1, k2tog, p2, k2L-tbl.

**Row 10:** S1 wyif, k2, p3, k2, p1.

**Row 11:** S1, p2, s1-k2tog-ssso, p2, k2L-tbl.

**Row 12:** P2L, [k2, p1] twice.

**Row 13:** S1, p2, k1, p2, k2L-tbl.

**Row 14:** P2L, [k2, p1] twice.

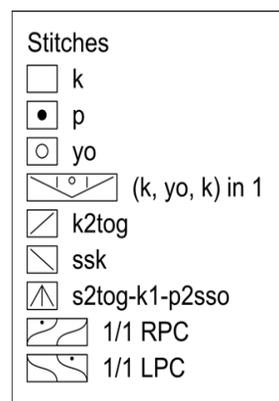
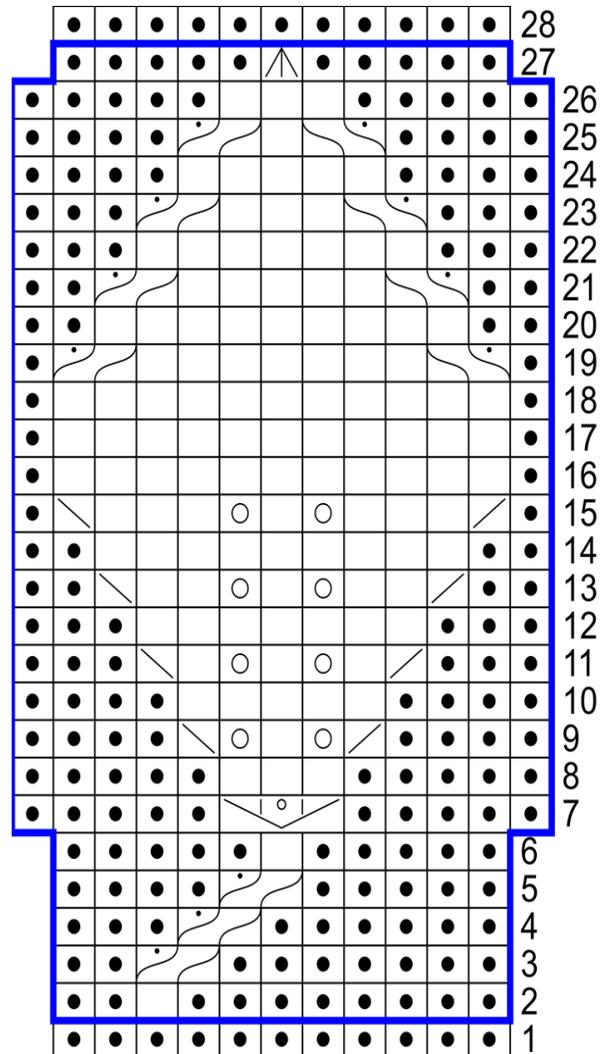
Stitches	
■	No stitch
□	RS: k; WS: p
●	RS: p; WS: k
▽	RS: s1; WS: s1 wyif
△	(k, yo, k, yo, k) in 1
▤	k2tog
▥	ssk
▧	s1-k2tog-ssso
▨	RS: k2L-tbl; WS: p2L

## FINISHING UP

Once the cuff is complete (no more leg stitches left unworked and back to the beginning of the cuff), graft remaining cuff stitches to the cast-on edge of the cuff.

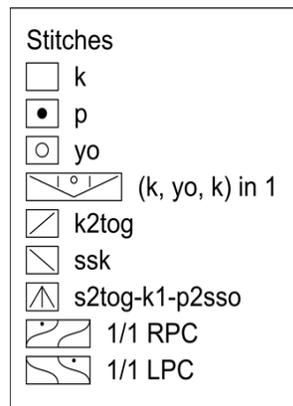
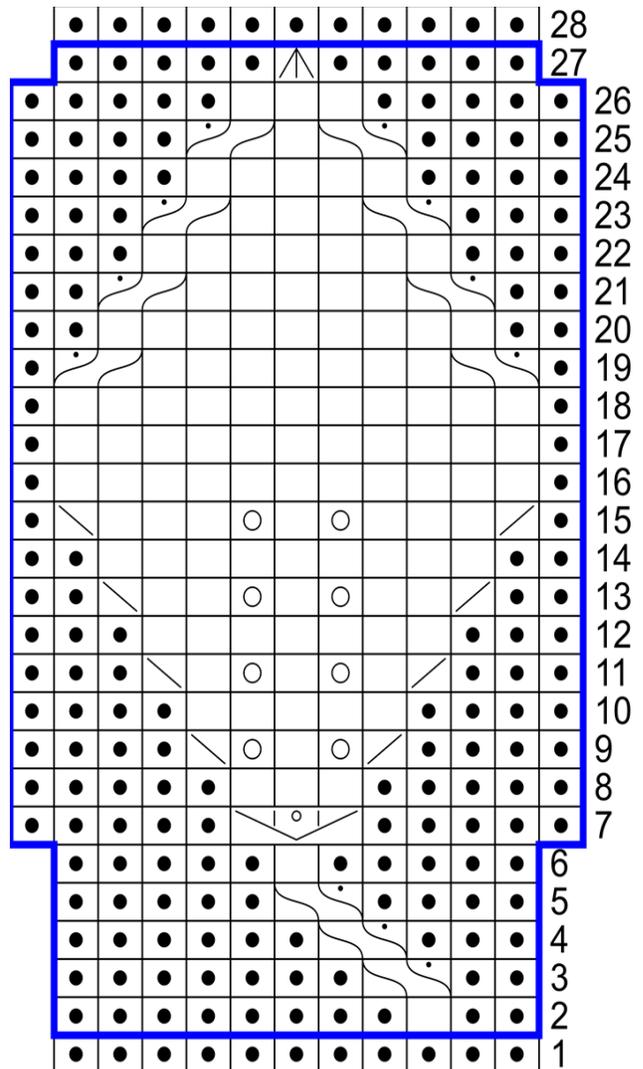
## LEAF CHART – RIGHT FOOT (SOCK 1)

- Round 1:** P11.  
**Round 2:** P8, k1, p2.  
**Round 3:** P7, 1/1 RPC, p2.  
**Round 4:** P6, 1/1 RPC, p3.  
**Round 5:** P5, 1/1 RPC, p4.  
**Round 6:** P5, k1, p5.  
**Round 7:** P5, (k, yo, k) in 1, p5.  
**Round 8:** P5, k3, p5.  
**Round 9:** P4, k2tog, yo, k1, yo, ssk, p4.  
**Round 10:** P4, k5, p4.  
**Round 11:** P3, k2tog, k1, [yo, k1] twice, ssk, p3.  
**Round 12:** P3, k7, p3.  
**Round 13:** P2, k2tog, k2, [yo, k1] twice, k1, ssk, p2.  
**Round 14:** P2, k9, p2.  
**Round 15:** P1, k2tog, k3, [yo, k1] twice, k2, ssk, p1.  
**Rounds 16-18:** P1, k11, p1.  
**Round 19:** P1, 1/1 LPC, k7, 1/1 RPC, p1.  
**Round 20:** P2, k9, p2.  
**Round 21:** P2, 1/1 LPC, k5, 1/1 RPC, p2.  
**Round 22:** P3, k7, p3.  
**Round 23:** P3, 1/1 LPC, k3, 1/1 RPC, p3.  
**Round 24:** P4, k5, p4.  
**Round 25:** P4, 1/1 LPC, k1, 1/1 RPC, p4.  
**Round 26:** P5, k3, p5.  
**Round 27:** P5, s2tog-k1-p2sso, p5.  
**Round 28:** P11.



## LEAF CHART – LEFT FOOT (SOCK 2)

- Round 1:** P11.  
**Round 2:** P2, k1, p8.  
**Round 3:** P2, 1/1 LPC, p7.  
**Round 4:** P3, 1/1 LPC, p6.  
**Round 5:** P4, 1/1 LPC, p5.  
**Round 6:** P5, k1, p5.  
**Round 7:** P5, (k, yo, k) in 1, p5.  
**Round 8:** P5, k3, p5.  
**Round 9:** P4, k2tog, yo, k1, yo, ssk, p4.  
**Round 10:** P4, k5, p4.  
**Round 11:** P3, k2tog, k1, [yo, k1] twice, ssk, p3.  
**Round 12:** P3, k7, p3.  
**Round 13:** P2, k2tog, k2, [yo, k1] twice, k1, ssk, p2.  
**Round 14:** P2, k9, p2.  
**Round 15:** P1, k2tog, k3, [yo, k1] twice, k2, ssk, p1.  
**Rounds 16-18:** P1, k11, p1.  
**Round 19:** P1, 1/1 LPC, k7, 1/1 RPC, p1.  
**Round 20:** P2, k9, p2.  
**Round 21:** P2, 1/1 LPC, k5, 1/1 RPC, p2.  
**Round 22:** P3, k7, p3.  
**Round 23:** P3, 1/1 LPC, k3, 1/1 RPC, p3.  
**Round 24:** P4, k5, p4.  
**Round 25:** P4, 1/1 LPC, k1, 1/1 RPC, p4.  
**Round 26:** P5, k3, p5.  
**Round 27:** P5, s2tog-k1-p2sso, p5.  
**Round 28:** P11.



## STITCH GLOSSARY

1/1 LPC	Slip 1 stitch to cable needle and hold in front; purl next stitch; k1 from cable needle.
1/1 RPC	Slip 1 stitch to cable needle and hold in back; knit next stitch; p1 from cable needle.
Holding Needle	The knitting needle holding stitches that have not been worked yet.
k	Knit.
K2L-tbl	Knit stitch together with leg stitch, through the back loop. 1 Leg stitch bound off.
k2tog	Knit 2 stitches together. 1 stitch decreased.
M1L	From the front, lift the horizontal strand between stitches with the left needle. Knit through the back. 1 left-leaning stitch increased.
M1R	From the back, lift the horizontal strand between stitches with the left needle. Knit through the front loop. 1 right-leaning stitch increased.
p	Purl stitch.
P2L	Purl stitch together with leg stitch. 1 leg stitch bound off.
PM	Place stitch marker.
Rep	Repeat.
RM	Remove stitch marker.
RS	Right-side of work (public facing).
S1	Slip one stitch purl-wise.
S1 wyif	Slip one stitch purl-wise while holding yarn in front of work.
S1-k2tog-psso	Slip one stitch knit-wise, then knit 2 stitches together and pass the slipped stitch over k2tog stitch.
S2tog-k1-p2sso	Slip 2 stitches together knit-wise, knit next stitch, then pass the 2 slipped stitches over the k1.
SM	Slip stitch marker from holding needle to working needle.
Ssk	Slip 2 stitches knit-wise, then knit slipped stitches together through the back loops.
Working Needle	The knitting needle holding stitches that have been worked.
WS	Wrong side of work (inside, non-public side).
Wyif	Hold yarn in front of work (as if to purl).
Yo	Yarn over: Wrap the working yarn over the top of the right needle, from front to back.

## TUTORIALS AND LINKS

Knitted Cast-On: \*Knit 1, leaving stitch on holding needle. Transfer new stitch from working needle onto holding needle by slipping it knit-wise. Repeat from \* for the number of stitches needed.

Turkish Cast-On: <https://fiberfrostingdesigns.com/skill-center/turkish-cast-on-tutorial/>

Grafting: <http://www.learn2knit.co.uk/knitting/joining.php>

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